



# BEREAVED FAMILIES OF ONTARIO DURHAM REGION NEWSLETTER

"BEREAVED, HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF"

ISSUE #1 - JAN 2025

## FROM THE DESK OF YOUR EXECUTIVE DIRECTOR

Dear Friends:

I hope you are all well as we head into a New Year. Our programs have started with a mom's group for the winter session. Once we get enough dad's to start a support group we will. If you are a dad and interested in a support group, please call the office at 905-579-4293. We will also start a Children's group in the near future, as well.

As an organization we try to keep everyone well informed of upcoming events. Please check our website, our Facebook page, our newsletter or even just call the office for more information. Our next event is our euchre night on Saturday March 1, 2025. To register please call the office and your \$20.00 will secure a spot. It's a fun night for all!

The Walk to Remember is at the Whitby Mall (same as last year) on Sunday, March 2, 2025. We encourage everyone to participate in this event as we walk the mall and share stories of our loved ones. Some members are setting up Facebook fundraiser pages and the instructions on how to do this is included in our newsletter. This would be a good time to order a BFO T-shirt. The cost is \$25.00 and you may do so by calling the office. We will be sending in the next order February 1st so that we have time to get them back before the walk.

If you are a member and would like to join any of our committees, please let us know. We have a hard working group of members helping us but we truly need more.

In closing, I will you all a healthy 2025!

Sincerely,

Jane Carter

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Family Support



**Drum Therapy - 2pm on Sunday**

**26th January 2025.**

Please register in advance by contacting the office.

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Fundraising Walk To Remember



**Sunday Mar 2nd - @ Whitby Mall, registration starts 9.15am.** Walk is for 1 hour **starting at 10am** - see flyer in newsletter for more info

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Clocks go Forward



**Sunday March 9th** clocks go **forward @ 2am** (becomes 3am(Canada & USA))

## Calendar

### JANUARY 2025

**Evening Drop-In** Wednesday 8th, 7-9 p.m.  
**Suicide Loss Drop-In** Thursday 9th, 7-9 p.m.

**Addiction Loss Drop-In:** Monday 13th, 1-3 p.m.

**Afternoon Drop-In** Monday 20th, 1-3 p.m.

**Evening Drop-In** Wednesday 22nd, 7-9 p.m.

**Family Support Drum Therapy** Sun 26, 2-4p.m

**Reconnect Drop-In** Monday 27th, 7-9 p.m.

### FEBRUARY 2025

**Suicide Loss Drop-In** Thursday 6th, 7-9 p.m.

**Afternoon Drop-In** Monday 10th, 1-3 p.m.

**Addiction Loss Drop-In:** Monday 10th, 7-9 p.m.

**Family Support:- Inspirational Speaker who is a Mom at BFO-D** Tuesday 11th 7-9p.m.

**Evening Drop-In** Wednesday 12th, 7-9 p.m.

**Monday 17th - FAMILY DAY - OFFICE CLOSED**

**Reconnect Drop-In** Monday 24th, 7-9 p.m.

**Evening Drop-In** Wednesday 26th, 7-9 p.m.

### MARCH 2025

**Saturday 1st, Euchre tournament 7.30pm**  
**Sunday 2nd - Walk to Remember (Whitby Mall)**

**Suicide Loss Drop-In** Thursday 6th, 7-9 p.m.

**Addiction Loss Drop-In:** Monday 10th, 7-9 p.m.  
**Evening Drop-In** Wednesday 12th, 7-9 p.m.

**Afternoon Drop-In** Monday 17th, 1-3 p.m.

**Evening Drop-In** Wednesday 26th, 7-9 p.m.

**Reconnect Drop-In** Monday 31st, 7-9 p.m.

### APRIL 2025

**Suicide Loss Drop-In** Thursday 3rd, 7-9 p.m.

**Evening Drop-In** Thursday 10th, 7-9 p.m.

**Afternoon Drop-In** Monday 14th, 1-3 p.m.

**Addiction Loss Drop-In:** Monday 14th, 7-9 p.m.  
**Friday 18th - Good Friday – OFFICE CLOSED**

**Monday 21st - EASTER MONDAY – OFFICE CLOSED**  
**Evening Drop-In** Thursday 24th, 7-9 p.m.

**Reconnect Drop-In** Monday 28th, 7-9 p.m.

### MAY 2025

**Suicide Loss Drop-In** Thursday 1st, 7-9 p.m.

**Addiction Loss Drop-In:** Monday 5th, 7-9 p.m.  
**Evening Drop-In** Thursday 8th, 7-9 p.m.  
**Mother's Day: Sunday 11th**

**Afternoon Drop-In** Monday 12th, 1-3 p.m.

**Monday 19th - Victoria Day - Office Closed**

**Evening Drop-In** Wednesday 22nd, 7-9 p.m.

**Reconnect Drop-In** Monday 26th, 7-9 p.m.

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next page.....**

## "THE WILLINGNESS TO VOLUNTEER IS A SELFLESS ACT"

THE FOLLOWING VOLUNTEERS CONTINUE TO

SUPPORT BFO DURHAM ON A DAILY BASIS

### **ONE-ON-ONE AND GROUP SUPPORT FACILITATORS -**

Jane Carter, Charlotte Brisco, Sharon Sears, Denise Love, Angela White, Denise Robinson, Yvette Byrne-Menard, Donna Dickson, Chris Garvey, Rebecca Alley-Wilson, Tammy Horton, Gary Goswell, Caroline Goswell, Wayne Wanamaker, Brad Brown, Sherry Lancaster, Sherry Mitchell, Joe Tilley, Penny-Claire Tilley, Andrea Onley, Jonathan Onley, Greg Wright, Karen Beckett, Kelly Fitzpatrick, Rocco Granato, Kathie Hill, Kirsty Sinclair, Linda Haines, Debby Kelly, Wendy Topham, Linda Watson, Megan Muir, Ken New, Karin New, Karen Fish, Vanessa Longhurst, Marjorie Whitehouse, Bev Campbell, Adele, Eric & Elizabeth Davidson, Tanya Fowler-MacLeod, Aimee Pepper, Jenn Carter, Cora Silininkas, Neil Anderson, Randy Boissoin, Brian Evans, Regan Kelly, Cathy Kelly, Mike Kelly, Cindy Serenists, Irene Fife, Chantelle Gaudette, Lindsay Barakett, Doug Hardy, Kelly Edmonds, Dianna Harrison, Beth Jenish, Lexi Marges, Deborah Nanton, Charlene Betty and Andrew Vandorselaer.

**LIBRARIAN** - Denise Love

**OFFICE VOLUNTEERS** - Denise Love, Marlene Charewicz, Bev Campbell, Vanessa Longhurst, Karen Fish & Beth Conte

**ANNIVERSARY LETTERS** - Office Volunteers

**WEB SITE** - Ronda Evans, Adele Davidson

**NEWSLETTER** - Adele Davidson

**MOTHERS' RETREAT** - Susan Hendricks and Joyce MacIntyre

**BFO DURHAM BOARD OF DIRECTORS** - Gary Goswell, Wayne Wanamaker, Sharon Sears, Chris Garvey, Kirsty Sinclair & Bev Campbell

### **Calendar continued**

JUNE 2025

**Suicide Loss Drop-In** Thursday 5th, 7-9 p.m.

**Addiction Loss Drop-In:** Monday 9th, 7-9 p.m.

**Evening Drop-In** Thursday 12th, 7-9 p.m.

Father's Day: Sunday 15th

**Afternoon Drop-In** Monday 16th, 1-3 p.m.

**Evening Drop-In** Wednesday 26th, 7-9 p.m.

**Reconnect Drop-In** Monday 30th, 7-9 p.m.

## **A Note from your editor**

Hi everyone,

I hope you all had a safe and pleasant Christmas (winter holidays), and I wish for everyone to have a safe and Happy 2025.

The Family Support upcoming session will feature Drum Therapy, and it is on Sunday January 26th, starting at 2pm at the office. Please register in advance by contacting the office to let them know how many will be attending.

Our Walk to Remember (March 2nd) will be held inside the Whitby Mall as usual. An email has been sent out which outlines the details as well as having the sponsorship collection form. The form is also included in this newsletter, and the office will have spare copies should you need them.

It is one of our major fundraising events, so we encourage everyone to participate (collection forms and money should be at the office by Thursday Feb 27th if you are unable to attend the actual walk.)

Please note that pledges through Facebook are automatically collected by Facebook at the time of the pledge and will automatically receive a receipt from Facebook and not from BFO-Durham.

As always, we would love to include articles, photos, verses or news from our members in our newsletters, and you can submit them any time to the office or directly to myself [glasscup\\_19@hotmail.com](mailto:glasscup_19@hotmail.com)

((Hugs))



# The Angels' Tree of Light 2024



On Thursday, November 21st, BFO Durham Region held its annual Angels' Tree of Light ceremony. The ceremony was held at the cafetorium at Monsignor Paul Dwyer Catholic High School, Oshawa. This year, we chose a white painted, laser-cut wooden angel adorned with gold ribbon. The tree looked beautiful as always, with each ribboned angel bearing the name of a loved one sadly missed by their families and friends throughout the year but especially during the holiday season.

Jane Carter (Executive Director, BFO Durham) welcomed everyone to the ceremony with soothing words as this can be a difficult time, especially for those experiencing a loss for the first time. BFO-Durham was pleased to welcome back Rev. Maureen McLellan to deliver the Opening Remarks. Her gentle words gave advice, encouragement, and support to the audience. She spoke with empathy and understanding, noting the difficulties of grieving, and giving helpful advice on coping through the holiday season.

The first song of the evening was "Everything I Own" which was performed by Melissa & Ryan Harris, in memory of Melissa's cousins, Tanya & Michael Fellows.

The dedication of the tree was given by Kirsty Sinclair in memory of her sons, Kyle & Evan Sinclair. She spoke eloquently about her tragic losses. This particular date was very significant for Kirsty as it marked the 10th anniversary of Kyle's death or Angel Day as many of us like to think of it. She heard about BFO Durham from a friend & found solace by sharing her story with other bereaved parents. This year our tree was lit by Emma, Hannah & Claire Goswell, in memory of their aunty, Kelly Goswell.

After the tree was lit, there was a moment of silence for reflection, followed by a performance of "Over You" by Lauren Rohrback in memory of her brother & sister, Andrew & Rebecca Sears. We were so grateful to Lauren for stepping in to perform this song at the last minute as our scheduled singer had to cancel due to illness.

The Responsive Reading was led by Bev Campbell in memory of her son, Michael & husband, Larry & Karen Fish in memory of her son, Derek Fish.

The closing song was "Stand by Me" performed by Lauren Rohrback. Jane closed the ceremony by inviting everyone to stay for refreshments.

The entire ceremony was captured by videographer, Anthony Moreino and will be available to view via the BFO-Durham website & Facebook pages.

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This special ceremony could not have taken place without the hard work and dedication of the following people: Angel Tree Committee: Caroline Goswell (Chair), Bev Campbell, Jane Carter, Marlene Charewicz, Denise Dugal, Anita Fellows, Karen Fish, Vanessa Longhurst, Sharon Sears, Kirsty Sinclair & Joyce Smith.

A special thanks to the office volunteers, Bev Campbell, Marlene Charewicz, and Vanessa Longhurst for the countless hours spent taking calls for Angel donations and all the necessary paperwork associated with this event.

Finally, thanks to the following who contributed to the success of this event:

Monsignor Paul Dwyer Catholic High School

John McManus for pre-ceremony guitar music

McDonald's, Whitby (Stacey Forman)

Minute Man Press, Whitby (programs)

Adele, Eric, and Elizabeth Davidson for creating the digital program, plaque & links for the website

Anthony Moreino, Quest Audio Visual (filming, editing)

The Moreino Family & Quest Audio Visual for their donation to cover the filming costs.

Randy and Tara Rekker-Giesbrecht for the fresh poinsettias in memory of their son, Aiden Connor.

Our many volunteers who work in the background to prepare for this event.

All our generous donors for your financial support, which allows us to continue to provide all our services at no cost.

This annual ceremony is very special to all of us at BFO Durham. We hope it provided comfort and support to all who attended.





## Bereaved Families of Ontario -Durham Region



**7:30 pm | Saturday March 1, 2025**

BFO Office

948 Simcoe Street Oshawa, ON

\$20 per person entry

CASH prizes for 1st, 2nd, 3rd, and low score  
Snacks & refreshments provided

Join us for a fun night of competitive fellowship!!

Seats limited - reserve your seat now



**“As bereaved parents, we don’t carry a briefcase, we carry a Griefcase.  
BFO Durham is a safe place to open that case & unpack it”**

*Chris Garvey*

# **DONATIONS IN LOVING MEMORY**

**BLAKE GARVEY** From: Shirley and Wayne Miller  
**VIOLET DAVIDSON** From: Eric and Adele Davidson  
**MICHAEL SCOTT** From: David and Maureen Scott  
**SEAN EDMUND** From: Kelly and John Edmonds  
**EDWARD ERWIN** From: Pauline Bowers  
**DUANE MACINTYRE** From: Joyce and Bernie MacIntyre  
**JACKSON NIMEC** From: Shawney Murray  
**RYAN NEW** From: Janet Nobbs  
**DAVID WANAMAKER** From: Heidi Kudich  
**JUSTIN YELLE** From: Susan and Jean Yelle  
**MICHAEL CAMPBELL** From: Bev Campbell  
**KELLY GOSWELL** From: Gary and Caroline Goswell  
**JULIE CARTER** From: Jane Carter  
**DENNIS ZOELMAN** From: John and Magda Zoelman  
**DAVID DUGAL** From: Denise Dougall

## **CORPORATE DONATIONS**

CHRISTINE SHANNON IN MEMORY OF CHRISTOPHER SHANNON

PREFORM EQUIPMENT INC.

CROSS WORX INC.

MONKEY BUSINESS WORKSHOP IN MEMORY OF SHANE REYNES

CANADIAN ONLINE GIVIN FOUNDATION

STAR OF HOPE SPIRITUALIST CHURCH

ZAIN LEELA

MAYBELLE REBAKAH LODGE

STEELHAWK PLATE AND PROFILE LTD IN MEMORY OF WILLARD ANTHONY AMURAO

BUYSELL LOVE DURHAM – WENDY STARR AND LINDSAY SMITH

PAUL COOPER

GODDO

KINSMAN CLUB OF OSHAWA IN MEMORY OF KATE DOYLE

#### **“A Walk to Remember” Sunday 2<sup>nd</sup> March 2025- Registration Information**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_



*Bereaved Families of  
Ontario  
Durham Region*

### **Release, Waiver and Indemnity**

In consideration of the acceptance of my application of the application of my child or ward, I, for myself, my heirs, my child or ward, executors, administrators, successors and assigns hereby release, waive and forever discharge The Whitby Mall, The City of Whitby, Bereaved Families of Ontario-Durham Region and all other associations sanctioning bodies and sponsoring companies, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, costs, expenses, actions and causes of action whether in law or equity, in respect to death, injury, loss, or damage to my person or property however caused arising or to arise by reason of my participation in the said event, whether as a spectator, participant or otherwise, whether prior to, during, or subsequent to the event and same may have been contributed to or occasioned by the negligence of any of the aforesaid. Notwithstanding that, I further hereby undertake to hold and save harmless and agree to indemnify all of liability by any or all of them arising as a result of the aforesaid from and against any and all of, or in any way connected with participation in the said event. By submitting this entry, I acknowledge I have read, understood and agreed to the above waiver, release and indemnity. I warrant that I am physically fit to participate in this event.

- ✓ Cheques made payable to “BFO-Durham”
- ✓ Bring this form to the walk on Sunday, March 2, 2025
- ✓ Cash or cheque is due on the day of the event - please do **not** mail cash
- ✓ Tax receipts will be issued for contributions of \$25 (only if address is included)
- ✓ This form can be photocopied to record additional pledges.
- ✓ E-Transfers accepted – send to [BFODurham@bellnet.ca](mailto:BFODurham@bellnet.ca)

**Dedicated in memory of:**

Pledges through Facebook are automatically collected by Facebook at the time of the pledge and will automatically receive a receipt from Facebook and not from BFO-Durham.

You can track your Facebook sponsors on this form but please note that their money has been paid to Facebook and you do not need to collect payment from them yourself.

**Total Pledges Recorded: \$**

*Pledge money must accompany this form and be handed in at the Walk to Remember on March 2<sup>nd</sup> to receive prizes*

## On-Going T-SHIRT FUNDRAISER



### We have very useful and continuous fundraiser at BFO -Durham

These t-shirts will be made upon ordering. All sizes are available in Black or White

The writing can be in the BLUE or in PINK for Son or Daughter.

To order please call Jane at the office. Payment of \$25 per shirt is required when ordering. Please be aware that it will take a couple weeks to make the orders as we send in multiple at a time.

Someone will call when orders are in office for pick up

Thank you for your continued support

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### Santa Brunch 2024

Post Holiday Greetings to all!

I would like to start by sending out a GIANT THANK YOU to our incredible team of volunteers who rallied together once again to make our Annual Santa Brunch such a huge success. Events such as this are only made possible due to volunteers - so again - THANK YOU!!~!

This event was held on Sunday December 8th at the Navy Club in Oshawa. This was our second year using this space and it seems to be just about perfect for our needs. We are hoping to continue our partnership with them next year as well.

Santa Claus, the star of most Christmas gatherings, was once again greeted enthusiastically by both children and adults alike. It was wonderful to witness so many smiles and to feel so much joy all in one room.

Our very talented team of "Chef Dads" worked their Christmas magic and cooked up a delicious feast of pancakes and sausages, which were served alongside croissants, yogurt tubes for the kids, coffee, tea, cocoa, juices and water. Everyone left with satisfied and happy tummies.

To all who donated toys for the raffle table - another BIG THANK YOU. It is only through your donations that we are able to provide such wonderful things for our tables. The kids love the raffle so much every year.

We are already collecting for next year and if you'd like to donate a new, unused and unwrapped toy or cash donation to purchase a new toy, your generosity is always appreciated. Toys must be NEW and UNOPENED.

We need things for both girls and boys, ages toddler to young teen. Perhaps think of something that your own child would have loved and donate in their memory! Drop off at the BFO offices anytime. Also, if you are interested in helping out at next year's Santa Brunch, please contact Jane at the BFO office. We ALWAYS need volunteers for ALL of our events.

Wishing you all a calm, peaceful and joyful New Year.

Karen Fish

# 100 Men of Scugog

December 17, 2024

This past October I had the honor of speaking to the 100 Men of Scugog. This is an organization that meets 4 times a year and invites 3 different registered charities to speak to the group. After the presentations are complete the member vote on which charity they wish to support. Each member submits a cheque for \$100 which are then given to the winning charity. This charity is near and dear to my heart as I was born in Port Perry and David grew up in Port Perry, so I have a lot of history there. I was honored to be chosen as the winning charity that night and BFO-Durham was the recipient of \$3,700.00. Here is a copy of my presentation.

Good evening and thank you for inviting me to speak to you this evening. My name is Wayne Wanamaker, and I am here representing Bereaved Families of Ontario-Durham. I see a number of familiar faces here and I feel like I've come home. Bereaved Families of Ontario or BFO as it is known is a non-profit organization that provides support and guidance to families that have lost a child. This is offered through one on one counseling, regular drop ins where they can talk with other parents that have lost a child and closed group sessions.

We have members from all over Durham including Scugog. I know that recently we had 4 dads from Port Perry. All these programs are offered FREE of charge to the attendees. Currently we don't receive any government funding or support. We survive on donations and fundraising events run by our volunteers. We hold a golf tournament, a fall dance, regular Euchre tournaments, a Walk to Remember and an Angel Tree Ceremony at Christmas. We have an office on Simcoe Street North in Oshawa. Here we have separate rooms for meetings, and we are in the process of finishing the basement so we can hold events there as well. We have 1 paid employee, our executive director, who is also a bereaved parent.

I honestly don't know where I would be today if it wasn't for BFO. I came to BFO in March of 2013 after losing my son David on Sept 25, 2012. David was 24. He died from complications from Addison's Disease. We were never told that he could die from this. He was taking numerous medications to control the Addison's but was experiencing constant nausea. The doctors claim that he was nauseated for several days and became so dehydrated that his blood pressure had dropped so low his heart stopped beating. His mother, David's mother found him on his bedroom floor in the morning. It appeared that he realized that he was in distress and was trying to reach his mom to get him to the hospital. He didn't make it. To make this even worse, David died 4 days before his sister Kathy's wedding. We had the funeral on Friday and went right into the wedding rehearsal on Friday night and the wedding on Saturday. It was a difficult day but the wedding came off beautifully.

After all the excitement of the wedding had died off and the reality that my youngest son was gone, I was in a daze. I couldn't work. I didn't know how to deal with this. I met with a therapist, and she eventually told me that she couldn't help me as she had not lost a child and couldn't relate to what I was going through. I finally found BFO and they were able to help me to navigate this journey that I was on. I met other parents that were further along on their journey of grief and were able to share how they dealt with it. I attended drop ins where I talked about losing

David and listened to other parents talk about their losses.

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I took the facilitator training and eventually was leading drop ins and group sessions. Another dad and I saw how fathers were responding to these group sessions and thought that a dads only group would be helpful. With the permission of the Board of Directors we held our first Dads only group session over 6 years ago and it has been a tremendous success. These sessions are 10 weeks long and each week we discuss a different topic. We talk about the loss of our child, the funeral, dealing with work and other family members. The best night is our picture night when we all bring in pictures and mementos of our child and share stories. It gives us all some insight into who these children were and that they did exist. To see the change in these dads from the first night to the last night is such a wonderful feeling. When we were 6 or 7 weeks into the first Dads group, one of the dads asked, "What do we do when this is over?" They didn't want this fellowship to end. We then set up a night for dads that had taken a group session to meet and talk. We meet the 2nd Tuesday of every month at a local Oshawa pub, The Crooked Uncle and we talk about the Blue Jays, the Leafs, the weather or we will talk about our children that have passed. We regularly get 8 to 14 dads out for these nights. The beauty of this is that there is no elephant at the table. We all know why each of us is there.

I recently met with clients for my work and our discussion came around to how busy I was. I explained that I was involved with facilitating a group session. The wife asked me for what? I hesitated to tell her but felt comfortable enough to share with her. I explained that it was for fathers that had recently lost a child. Her head snapped around to look at her husband and they both got this look like they had seen a ghost. I asked if I had said something wrong and he explained that they had lost their daughter at 6 months old, 4 years ago. I asked if they had received any support, and they said no. They had been left to feel alienated with friends and family. We spoke about BFO and what it could do for them. I gave them the contact info for BFO and suggested that they both do a group session. They left feeling not so alone anymore.

The loss of a child is not in the natural path of life that we all know. This has been the hardest thing in my life that I have had to deal with and continue to deal with. I will be forever grateful for the help and guidance that I received from BFO and for the lifelong friendships that I have made through BFO. There is a saying that it takes a village to raise a child. I have learned that it takes a village to survive the loss of a child. I found that village at BFO.

Thank you

### **Scugog 100 Men**



A big thank you to SCUGOG 100 MEN for selecting  
Bereaved Families of Ontario - Durham Region  
to support at your last meeting.

Wayne Wannamaker represented BFO-D at their quarterly meeting and with his heartfelt speech as able to be chosen as the charity of choice. Thank you Wayne.

## Zak's Ride

Zak's Ride is a deeply meaningful annual event, held in memory of Zak Storm, who tragically took his own life at the age of 18 in October of 2015. The 5th Annual Zak's Ride took place on Saturday, October 26, 2024, and raised \$1,600 for Bereaved Families of Ontario - Durham Region. Forty mountain bike riders participated, riding the single-track trails in and around Durham Forest; covering distances ranging from 20-35 km, while one rider participated virtually, completing a 100 km ride.

During the summer months before Zak died, he convinced me to try mountain biking with him and we both fell in love with the sport. The following spring, I decided to continue riding for Zak. Initially I rode for him, but soon I found myself riding for me.

Zak's Ride began in October 2020, when a group of 10 close friends surprised me with a night ride, knowing I would struggle on the 5th anniversary of Zak's death and not wanting me to face that day alone. Their simple yet powerful act of kindness sparked the first fundraising ride in Zak's memory. They put together \$150 with the request that a donation be made in his name. I chose to donate to Distress Centre Durham (DCD) and support their Suicide Survivor Support Group which I had benefited from after he died.

The following year, as the difficult anniversary approached, I decided to organize another ride. Despite the drizzly rain, around 20 riders showed up, braving the weather and raising an incredible \$760 for DCD. The 3rd Annual Zak's Ride saw even greater growth, with a ride, guided forest therapy hike and a silent auction that raised \$3,267. In 2023, overwhelmed by grief, I made the difficult decision to postpone the event. However, a group of dedicated riders stepped up in my place, raising an additional \$900 for DCD. Their support during that time was a reminder of the strength and love that continues to surround Zak's memory, and I decided to connect with BFO and get help with my grief by enrolling in the mom's peer support group. I am truly grateful for the program and wanted to support by donating the 2024 funds to BFO-Durham Region.

As Zak's Ride enters its 6th year, it will continue to serve as a meaningful way for people to come together and raise awareness about suicide prevention, mental health, and grief. While the event remains an important part of my own grief journey during this difficult time of year, it also provides the community with an opportunity to honour Zak's memory and contribute to causes that support others facing similar struggles.

I am deeply grateful to everyone who has supported Zak's Ride. Your kindness and generosity have made a lasting impact.

See you on the trails ~ Yvonne Storm



## Family Support Events are here at BFO Durham!

On **Sunday, January 26, 2025** BFO Durham will be hosting **a drum therapy session** in the BFO office **from 2:00 PM till 4:00 PM**. Drum Facilitator Glenn Marais teaches from a place of healing and centering around the Djembe Drum circle incorporating West African Beats into his own unique style that is engaging and designed to bring a complete beginner to be able to play and keep time in one hour. Glenn begins with meditation and talk about the importance of self care and self love and how we need to focus on that energy first to be able to interact well with others in our lives. The meditation is calming and inviting in its practice. This process has been proven to help with grief healing.

There is no cost for this event, but it is limited to the number of participants. You can **register by calling Jane at the BFO office 905-579-4293 OR by private messaging Wayne Wanamaker**. So, register early to avoid missing out on this wonderful event.

The drumming is powerful, engaging and healing as the connection between participants playing together creates a unique kind of energy that is healing and inspiring





## Holiday Market 2024 Write-Up

BFO-Durham hosted our first ever Holiday Market at the office on Saturday, November 30th.

It was a fun event with 14 vendor tables spread between the upper & lower floors of the premises. Holiday tunes playing in the background provided a festive atmosphere.

Jane manned the Bake Sale & Refreshments area, located in the front office. She was kept busy selling all the delicious home-made goodies made & donated by our members. There was also tea, coffee, hot chocolate & hot apple cider available for purchase.

We have many talented members who came to sell their crafts. We had tables selling home-made cards, Christmas centrepieces, Christmas wreaths, artwork, needlework & knitwear, traditional Scottish shortbread (mmm!), jewellery from Fifth Avenue & Tupperware. We also had tables selling BFO "merch" such as t shirts, bracelets, butterflies & angels.

There was a raffle for a large gift basket comprising donated items from all our vendors which was won by one of our dedicated facilitators, Ken New. Congratulations, Ken! We hope to do this again in 2025 so watch out for the date & start thinking about what you could sell!



## **FAMILY SUPPORT NIGHT:**

INSPIRATIONAL SPEAKER WHO IS A BEREAVED MOM AT BFO-D

**Tuesday February 11th from 7 to 9p.m.**

at the office

My name is Terenya.....after my son Ryan journeyed into spirit, I took a big dive into where he is and learnt that he is still with me

Join me for an inspirational talk into the world of learning love doesn't die.

Join me for an inspirational talk sharing experiences which will speak to your soul and will help to mend your broken heart. I will be speaking at the Family Support Night on Tuesday February 11th from 7to9.

Blessings

## **2ND ANNUAL BFO-DURHAM GOLF TOURNAMENT**

We held our 2nd Annual Golf Tournament on Sunday 8th September at Harmony Creek Golf Centre, Oshawa. It was another successful day with great weather and great fun! Every golfer received a 3 pack of balls with our BFO Logo. There were prizes for the top 2 teams as well as most honest! We also had prizes for closest to the pin, closest to the scarecrow as well as a putting contest. We even had a young lady who got a hole in one, way to go Sierra Cocker!!!!

This event was sold out and most of our holes were sponsored in memory of our children as well as some businesses. We were very fortunate to raise \$9,000.

We are looking forward to this year's tournament which is TBA shortly.

A huge thank you to our very dedicated committee members: Kirsty Bradshaw, Chris Garvey, Dave McKee, Tom Vidinu, Mike Kelly, Jane Carter and Karen Fish. Also a special thank you to our volunteers who helped out on the day: Vanessa Longhurst, Jane Shapiro, Sharon Sears, Kim Jenkins and Wayne Wanamaker.

## **BFO-Durham Oktoberfest Dance**

We held our BFO Oktoberfest Dance on Saturday 19th October at Club Caribe, Oshawa. It was another great and successful night. We had the live band TWO FOR THE SHOW and they kept the dance floor full with their varied song list as well everyone entertained with their "banter". Wayne Wanamaker (thank you!) was our MC for the evening and he did a great job with our live auction for Raptors tickets (they went for \$800) as well as our Toonie Toss and Heads and Tails game.

We had joker poker, raffle, silent auction and a 50/50 draw which were all a huge success. The winner of the 50/50 gave the money back so a huge thank you to that lovely lady! Thank you to everyone who attended to make this yet another great evening. Thanks to those who donated prizes for the raffle and silent auction, we couldn't do these events without your donations.

We couldn't do this without our very dedicated committee members as well as our teen volunteers who gave up their Friday and Saturday night to help out. A special thanks to our bartenders, they are amazing young ladies and have been volunteering for this event for many years now.

We have already booked Club Caribe and Two For The Show for this year's dance which will be on Saturday 18th October .....Keep the date open in your calendars for this fun night as tickets will be limited!!

## **VOLUNTEERS**

This article was written by a **Volunteer**. This newsletter is created compiled & edited by **Volunteers**. The BFO-Durham office staff, under the direction of Executive Director, Jane Carter, is comprised of **Volunteers**. Every event you attend at or through BFO Durham, is organized by a team of **Volunteers**. Events such as the annual Walk to Remember, Golf Tournament, Fall Dance, Angels' Tree of Light, Holiday Market & Santa Brunch are organized by committees composed of **Volunteers**. All the closed group sessions for Moms & Dads, Sibling Loss support, Children's Loss groups, Drop- Ins, & Family support Nights are all led by trained **Volunteer** facilitators.

Every box of tissues used to mop our tears, every toilet roll used for ....well, you know, all our office supplies, kitchen supplies, cleaning supplies, craft supplies, prizes for events, rentals for events etc. all are provided in some way by **Volunteers** & member donations & these are just the minor expenses. There is also monthly rent & utilities so we have a space to offer these programs.

Without **Volunteers**, the BFO-Durham community would not exist. BFO-Durham helps so many families in many different ways. Please think of all the help & support BFO-Durham has provided you in your grief journey. We are asking you to consider giving back just a little by **Volunteering** some of your time. Our various event committees are always looking for new members & sometimes all that is needed is a truck & help to load & unload supplies before & after events. There are benefits to **Volunteering** that you may not have considered; it improves mental health & longevity, according to studies. The added benefit to **Volunteering** with BFO Durham is that you will be with others who know exactly what you are going through every day, as a bereaved parent/sibling.

And Bonus!! Being part of these committees is fun. I have been part of all the above event committees in addition to being a **Volunteer** facilitator & I promise, the committees are a lot of fun! Being a BFO Durham **Volunteer** is amazing & rewarding & helps me tremendously in my own grief journey. It helps me carry forth the memory of my son. Please help us by giving back & becoming a **Volunteer**.

Thank you,

Karen Fish

For more information call Jane Carter at the office or contact me by email  
[k3pug9t@hotmail.com](mailto:k3pug9t@hotmail.com)



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**BFO DURHAM REGION**

[www.bfodurham.net](http://www.bfodurham.net)

**905-579-4293**

948 Simcoe St North,  
Oshawa, L1G 4W2

# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## JANUARY

SShelley Nadine Taylor  
Ricky Van Den Oetelaar  
Lisa Lebitka  
Jacoub Favila  
Jamie Woods  
Luke Parkinson  
Madison Sevana Boyd  
Christopher Thompson  
Vanessa Larocque  
Kyle Joseph Miller  
Madison Sevana Boyd  
Kayla Vandewalker  
Victoria Thompson  
Jose Eduardo Navas  
Tianna Vieira  
Chantel Gauthier  
Ashley Pittens  
Michael Upshaw  
Rayman Imran  
Derek Spicher  
Jessica-Renee Solickram  
Alastair Lahtinen  
Jackson Bonchek  
Craig Hodgson  
David Norrish  
Dominik Prusinski  
Stephen John Duthie  
Duane MacIntyre  
Ron Davis  
Brandon Tyler Baron  
Neil Warren Hembling  
Eerik Percival  
Owen Alexander Leaitch  
Khristian Robinson  
Ricky Black  
Jonathan Domenic Volpe  
Breanna Cousins  
Daniel Torreblanca

January 1, 1994  
January 1, 2006  
January 1, 2012  
January 1, 2013  
January 1, 2014  
January 1, 2023  
January 2, 2012  
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January 15, 1995  
January 15, 2002

Adan Akey  
Sara Ann Madore  
Austin Blake Madore  
Richard Schroeder  
Storm Gary Patrick Coad  
Nathan Michael Pennington  
Christopher Amos  
Layla Giberson  
Thomas King  
Stephanie Joanna Coleman  
Morgan Fitzgerald  
Quinton Aquilina  
Alexsandra Kellie-Ann  
Hewitt  
Alexander Cade  
Bill Robbins  
Kiernan Alli  
Antonio Thomas Cacciatore  
Vanessa Robyn Rivard  
Daisy Woodworth  
Kelly Spencer  
Blake Hoo  
Thomas Burns  
Graham Charles Clarke  
Jeffrey Warne  
Justin Serensits  
Jodie Dicks  
David Matthew Gilbert  
Eran Town  
Branden Christopher  
Viarruel  
Wayne Hastings  
David Stacey  
Angela Worona  
Jorja Gorham

January 16, 2022  
January 17, 2003  
January 17, 2003  
January 17, 2024  
January 18, 1997  
January 18, 2010  
January 18, 2012  
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January 20, 2019  
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January 22, 2016  
January 22, 2024  
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January 25, 2012  
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January 26, 2007  
January 26, 2008  
January 26, 2019  
January 26, 2020  
January 27, 2008  
January 28, 2005  
January 29, 2009  
January 29, 2009  
January 29, 2015  
January 31, 1995  
January 31, 2018



# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## FEBRUARY

Chantal Richard	February 1, 2011	Christine Harrison	February 15, 2000
Thalia Tunzi	February 1, 2007	Madeleine Dutkiewicz	February 15, 2002
Patricia Bercik	February 2, 2011	Deborah Anne Halliday	February 16, 1992
Alicia Dionne	February 2, 2002	Marc Andre Pineault	February 16, 1995
Krista Shea	February 2, 2002	Kioni Venus Delores Heath- John	February 16, 2017
Kyle Smith	February 2, 2013	Matthew Foskett	February 17, 2019
Andrew Smith	February 2, 2022	Arthur Hirschfeld	February 17, 2019
Anita Saunders	February 3, 2002	Jonathan Hosein	February 17, 2024
Kevin Ricketts	February 3, 2004	Jamal Pender-Thompson	February 18, 2021
David Troy	February 3, 2016	Alexander Tobin	February 18, 2020
Kyra Maggie	February 3, 2022	John Harvey	February 19, 2011
Bradley Shearer	February 4, 1995	Leah Page Speare	February 19, 2000
Shawn Cooper	February 4, 2002	Jamie Lyn Grant	February 19, 2023
Sean Chilton	February 4, 2013	Sydney Douglas	February 20, 2017
Wesley O'Brien	February 4, 2019	Andrew Richard Sears	February 21, 1994
Kelvin Stewart	February 4, 2023	Renee James	February 21, 2002
Christopher Coates	February 5, 1997	Blake Garvey	February 21, 2013
Rebecca Hardy	February 5, 2006	Sloane Pasher	February 21, 2018
Ethan Witte	February 5, 2010	Mitchell Driver	February 21, 2024
Christopher Mackenzie	February 5, 2017	Jaydon McKeown	February 22, 2009
Brock VanDen Oetelaar	February 6, 1966	Santina Pistrutto	February 22, 1994
Everett Ryan Martin	February 7, 2012	Paula Marie Smith	February 23, 1994
Bradley Baker	February 7, 2014	Tyler Miller	February 23, 1997
Ryan Brown	February 7, 2018	John Sasseville	February 23, 2001
Aiden Hamilton Valiantis	February 8, 2009	Trevor Lee Corby	February 23, 2003
Connor Derek William Gilmore	February 8, 2009	Amy Leigh McLennon	February 23, 2006
Ryan Thiessen	February 8, 2018	Andrew Phillip Connolly	February 23, 2007
Emma-Lee Mathieu	February 9, 2000	Sheena Lacombe	February 23, 2021
Hope Kai Pollari	February 9, 2017	Tim McCabe	February 24, 2003
Michael Sutton	February 10, 2019	Emily Jane MacPhail	February 24, 2009
Jane Jillian Lucy Eady	February 11, 2010	Kassandra Finbow	February 24, 2017
Sha-Awn (Shay) Marcano	February 11, 2016	Stephanie Mann	February 26, 2022
Isaiah Sarpong	February 11, 2017	Jeffrey Hustins	February 27, 2005
Zakariya Shaikh	February 11, 2023	Gabriel Therrien	February 27, 2015
Lyndzey Kiera Short	February 12, 2000	Mathew Borg	February 28, 2011
Danny Mclean	February 12, 2011	Paulina Mary Moreino	February 28, 1991
Carly Francis MacKinnon	February 13, 1995	Curtis Heasman	February 28, 1997
Owen Puchala	February 13, 2006	Trinidy Weeks	February 28, 2007
Joe Kennedy	February 13, 2008	Bennett Pistrutto	February 28, 2015
Jacob Albert Hicks	February 13, 2012	Jackson Whiteman	February 28, 2022
Pamela Swaga	February 13, 2013		
Alex Schneider	February 14, 2024		
Faith Griffith	February 14, 2017		
Alexis Stata	February 14, 2011		
Walter Kranc	February 14, 2023		
John Buddell			

We talk about them, not because we're stuck or because we haven't moved on, but we talk about them because we are theirs, and they are ours, and no passage of time will ever change that.

# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## MARCH

Meena Valliappan	March 1, 2002	Kathleen Una Hutchings	March 18, 1994
Melissa Neault	March 1, 2006	Tara Lyver	March 18, 2001
Paul Gyde	March 1, 2021	Caleb Nykolaichuk	March 18, 2016
Laura Morrison	March 2, 2001	Paige Matthews	March 19, 1998
Susan Taylor	March 2, 2007	Michael Schomodji	March 19, 1999
Heather Wilkinson	March 2, 2012	Sharon Rose Gilliland	March 19, 2002
Kaelyn Emily Wind	March 2, 2013	Angel Cervantes	March 19, 2005
Shayne Clench	March 3, 2014	James Warner	March 19, 2008
Joshowa Miranda	March 3, 2011	Sean DeSilva	March 19, 2011
Jack Thomas Woskosky	March 3, 2015	Michael Short	March 19, 2024
Xavier Bain	March 3, 2019	Vaughn Heasman	March 20, 1989
Debra Lundrigan	March 4, 2009	Kainam Burbage	March 20, 2014
David Stewart	March 4, 2011	Brian Elliott	March 20, 2014
Zackery Will	March 4, 2018	John Paterson	March 20, 2020
Jamie T. Lomax	March 5, 1993	Aiden Connor Rekker	March 21, 2008
Melissa Margaret Raby	March 5, 1998	James Higgins	March 21, 2009
Patrick Rosos	March 5, 2016	Jeremiah Thompson	March 21, 2010
Andrew Gendron	March 5, 2016	Nillo Kitagawa	March 21, 2019
Tatianna Mercer	March 5, 2021	Mary Melnychuk	March 22, 2011
Daryl Convery	March 6, 1996	Nicki Cina	March 22, 2022
Katharine Suzanne Bruce	March 7, 1996	Brayden Nicholas Allan	March 23, 2007
Geordi Elizabeth Maybury	March 8, 1995	Juston Baron	March 24, 2010
Michael Sirizzotti	March 8, 2023	Kevin Allan Hale	March 24, 1996
Andrew Brooks	March 9, 2010	William Floyd	March 24, 2001
Emily Brunton	March 9, 2011	Alannah Warren	March 24, 2005
Jada Jeanine Herod	March 9, 2010	Owen James Scott	March 24, 2007
Sarah Scrymgeour	March 9, 2023	Lachlan Graham	March 24, 2018
Tyler Murray	March 11, 2006	Bronwen Gwyneth Persaud	March 25, 1995
Kiera Kelly	March 11, 2015	Rachel Westlake	March 25, 2018
Andrew Kelly	March 11, 2019	Kevin Roffey	March 25, 2024
Jessica Crawford	March 12, 2009	Nicholas Short	March 26, 2007
Nick Spencer	March 12, 2017	Jason Power	March 26, 2019
Allison Swan	March 12, 2020	Leighau Williams	March 26, 2020
Arianne Matthews	March 12, 2021	Juliette Francis	March 27, 2011
Tyler Ginn	March 12, 2021	Demetrius Alexander Jones	March 27, 2008
Katie Mae Kainz	March 12, 2023	Michael McArthur	March 28, 2013
Mark Boyce	March 12, 2023	Ben Everson	March 29, 2020
Daniel John Dorrian	March 13, 1992	Elisabeth Tucker	March 30, 1993
Stefan Feurstein	March 13, 1984	Russell Eric Macoomb	March 30, 1995
Colton Jacob Stockdale	March 13, 2012	Michael McDonald	March 30, 2010
Grace Bowen	March 13, 2015	Maya Susanna Bradley	March 30, 2012
Stephanie Ramadeen	March 14, 2002	Rick Cooper	March 30, 2021
Heather Neatt	March 14, 2003	Kristina Nicole Hendricks	March 31, 1991
Vicki Stergianis	March 14, 2017	Jerry R. Lomax	March 31, 1992
Dominik Digiorgio	March 16, 2021	Steven Matthews	March 31, 2019

I can no longer see  
you with my eyes,  
but I will feel you in  
my heart forever.

# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## APRIL

Kristopher Miller	April 1, 2016	David Kelly	April 16, 2005
Adrian Cormier	April 1, 2021	Evan Crowley	April 16, 2022
Dante Keiller	April 2, 2009	Claudia Sierra	April 17, 2010
Hayden Sally Barbara Shelley	April 2, 2009	Lily Szekeres	April 17, 2012
Justin Cain	April 2, 2015	Kyle Hineman	April 17, 2017
Jack Harvey	April 2, 2019	Jacob Purdy Murchison	April 19, 2009
Laura Kalinski	April 3, 1995	Grayson St. John	April 19, 2015
Jill Topham	April 3, 2016	Chad Sutcliffe	April 19, 2015
Kasiah Faith Grell	April 4, 2010	Michael Douglas	April 19, 2015
Mitchell Crandall	April 6, 2000	Meagher	April 20, 2002
Richard Fujita	April 8, 2004	Austin McKinnon	April 20, 2019
Maureen Ann Thomas	April 8, 2006	Joel Newby	April 21, 2018
Daphne Ann Cox	April 8, 2009	Shane Reynes	April 21, 2022
Jason "Brent" Waterman	April 8, 2012	Kate Doyle	April 22, 2024
Chantal Chartrand	April 8, 2018	Jordan Eva Menard	April 23, 2001
Mackenzie Monroe	April 8, 2024	Aurora Teagan Doiron	April 23, 2008
Joshua Richard Lloyd Tyrrell	April 9, 1992	Michael Harte	April 23, 2015
Jeff Diluciano	April 9, 1995	Gordon McDougall	April 25, 2011
Ethan Craig	April 9, 2007	Kenneth James	April 27, 1993
Jayna Dosaj-Attard	April 9, 2013	Vanhaverbeke	April 27, 2023
Dawson Catalano	April 9, 2020	Cindy Churcher	April 28, 2005
Eric Grisdale	April 9, 2024	Avery Butler	April 29, 2012
Brett William Young	April 10, 1995	Benjamin Twiddy	April 29, 2012
Harrison Cowan	April 10, 2014	Holly Harrison	April 29, 2012
Hayley Manchen	April 10, 2019	Adam Johnson	April 30, 2016
Abram Mansikka	April 10, 2020		
Chantal Haywood	April 11, 2017		
Hunter Gallant	April 12, 2019		
Penny Brooks	April 13, 1984		
Martin Michael Rehr	April 13, 1990		
Ryan Hicks	April 13, 2009		
Mitchell Place	April 13, 2023		
Deacon Douglas Hunter	April 13, 2011		
Kimberly Van Den Oetelaar	April 14, 1986		
Aahithyan Pratheep	April 14, 2018		
Karl Frederick Wiener	April 15, 1996		
Ryan Joseph Rock	April 15, 2020		
Jamie Woolford	April 15, 2021		
David Dugal	April 15, 2023		



# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## MAY

Crawford Wheller	May 1, 2002	Daniel Haze	May 18, 2016
Victoria Chenier	May 1, 2018	Baby Girl Papadopoulos	May 18, 2014
Lisa Ford	May 2, 2002	Maria Laura Pistrutto	May 18, 2017
Joshua Liscio	May 2, 2008	Lynne-Marie Gordon	May 19, 1991
Stephen Cochrane	May 3, 2003	Dylan Matchett	May 19, 2017
Jeffrey Jones	May 3, 2016	Joshua Okoeguale	May 19, 2022
Julie Helen Pasko	May 6, 1995	Kevin James Charewicz	May 20, 1998
Brittany Miller	May 6, 2005	Kevin Gregory O'Donnell	May 20, 1999
Nicholas Mitchell Williams	May 6, 2011	Hope & Desire Cockburn	May 20, 2005
Sean Jensen	May 6, 2022	Owen Walter Stinson-Collins	May 20, 2010
Ewelina Sobala-Kouri	May 7, 2017	Elizabeth MacGregor	May 20, 2012
Benjamin Tucker DeBaie	May 8, 2001	Michael Scott	May 20, 2015
Jasmine Stephan-Martin	May 8, 2011	Karen Cobham	May 20, 2014
Taylor Andrews	May 8, 2012	Johnny Lucchetta	May 21, 2006
David Rines	May 9, 2010	Cody DeNoble	May 21, 2010
Brianne Wraight	May 9, 2010	Mary Ann Daniels	May 21, 2014
Patrick Bujold	May 9, 2012	Gregory Brian Judzentis	May 22, 1985
Michael Thomas Lynch	May 10, 2002	Shawna Spindler	May 22, 1997
Curtis Wahl	May 10, 2005	Damon Fewer	May 22, 2007
Lukas James Anderson	May 10, 2007	Kaleb Hunt	May 22, 2011
Austin Poulakis	May 10, 2019	Dana Watson	May 22, 2013
Michelle Richard	May 11, 2000	Jonathan Vogel	May 22, 2022
Ian Thomas Deatcher	May 11, 2002	Remianne Wabie Evans	May 24, 1994
Robin John Williams	May 12, 1992	Blake Gill	May 24, 2003
T.J. Stutt	May 12, 2004	William Taggart	May 25, 2005
Landon Murchison	May 12, 2006	Taylor Venters	May 25, 2010
Karsten Bibb	May 12, 2011	Amber Finn	May 26, 2002
Gregory Edward Timmins	May 14, 1996	Teegan Herold	May 26, 2013
Robert Muir	May 14, 2014	Emma Gervais	May 26, 2023
Jakob Kearran	May 14, 2021	Tyler Chabassol	May 27, 2022
Finnigan McCarron	May 15, 2015	Lauren Wright	May 28, 2014
Jade Roworth	May 15, 2016	Merrick Chue	May 28, 2016
Bradley Wiseman	May 15, 2014	Dylan Guiotto	May 28, 2017
Wendell Cunningham	May 15, 2021	Ayziah Spracklin	May 28, 2021
Paul A.J. Gordon	May 16, 1990	Jamal Drysdale	May 28, 2022
Erin Reed	May 16, 2008	Andrea Sullivan-Martin	May 29, 1994
Jeffery Paul Baran-Lalonde	May 16, 2011	Colin McMillan Wilson	May 29, 2002
Wyatt Celsie-Swanton	May 16, 2009	Steven Devecseri	May 29, 2006
Leia Mary-Rose Wilde	May 16, 2017	Tyler Davis	May 29, 2011
Lorne Barnes	May 16, 2020	Crystal Dunstall	May 29, 2018
Rayna Simms	May 17, 2005	Alison Millar	May 30, 2005
Jonathon Campbell	May 17, 2011	Ryan New	May 30, 2015
		Ken Ford	May 31, 2011
		Austin Taylor	May 31, 2019



# OUR CHILDREN REMEMBERED, LOVED, MISSED AND NEVER FORGOTTEN

## JUNE

Christopher Logan Woods	June 1, 2005	Paul Spilchen	June 16, 2018
Ajay Rajput	June 1, 2024	Noah Hardy	June 16, 2020
Taelyn Marie Peckford	June 2, 2010	Philip Prince	June 16, 2020
Susan Deborah Murray	June 2, 2010	Jennifer Sinnott	June 17, 2017
Ferguson	June 2, 2014	Melissa Jean Wilson	June 18, 1990
Avery Skarlatakis	June 2, 2022	Amanda Bickle	June 19, 2018
Bridget Collard	June 2, 2024	Maya Chotalal	June 19, 2022
Nicole Ramsden	June 4, 1994	Colton Welsh	June 19, 2024
Laura Irene Macdonell	June 4, 2006	David Gregory Schneider	June 20, 1998
Timothy Shane McDonald	June 5, 2010	Kohwyn Babcock	June 20, 2010
Alyssa Massie	June 6, 2007	Edward Erwin	June 21, 2003
Tessa Agelopoulos	June 6, 2004	Erin Child	June 21, 2020
Christina de Vries-Roach	June 6, 1999	Lorna Ellen Buzzell	June 22, 1998
Nicholas David William	June 6, 2007	Paul David Carter	June 22, 1985
Hutchison	June 7, 2009	Ian Booth	June 23, 2007
Chloe Mounsey	June 8, 2010	Gillian Berthelot	June 23, 2010
Daniel Melanson	June 8, 1985	Shane Rawlins Mahabir	June 24, 2011
Angelo Mazzotta	June 8, 2012	Derrick Brooks	June 25, 2010
Kathy Phelan	June 8, 2018	Melissa Logeman	June 25, 2012
Arpik Patel	June 9, 2004	Joshua Connell-Wong	June 25, 2024
Matthew Snell	June 9, 2002	Connor Battah	June 26, 2008
Steven Dafoe	June 9, 2002	Dustin Longhurst	June 26, 2017
Glen Michael Bruce Monro	June 9, 2013	Christina Grace Glover	June 27, 1999
Maureen Wright	June 9, 2017	Heather Goverde	June 27, 2004
Todd McCann	June 10, 2003	Olivia Kowalchuk	June 27, 1993
Paul O'Brien	June 10, 1994	Michael Thomas Turner	June 27, 2014
Margaret Nemeth	June 10, 2020	Corey Lyver	June 27, 2024
Kimberly Ann Whitsitt	June 10, 2021	Bob Robbins	June 28, 2014
Scott Humphrey	June 11, 1992	Tyler Lisinski	June 28, 2015
Elysia Kolynko	June 12, 2009	Westley Pflug	June 28, 2015
Kelly Eileen Goswell	June 12, 2015	Holden McGregor-Mann	June 29, 2023
Brooklyn Ilean Fogg-Conlin	June 13, 2004	Tyler Fyall	June 29, 2021
Ronald McGivney	June 13, 2014	Frank Benczenleitner	June 30, 1989
Gunner Aaron Terry Mayhew	June 14, 1995	Tanya Veinot	June 30, 2006
Aubree Glode	June 14, 2010	Matt Stairs	June 30, 2018
Christopher Dennis Penny	June 14, 2015		
Corey Grentz	June 14, 2015		
Anthony Medeiros	June 14, 2015		
Tyler Massey	June 14, 2015		
Michelle Marie Meagher	June 15, 2009		
Anthony Quattrocchi	June 15, 2018		
Talbot Higgins-Kelly	June 15, 2021		

