



BEREAVED FAMILIES OF ONTARIO
DURHAM REGION

NEWSLETTER

"BEREAVED, HELPING THE BEREAVED LEARN TO LIVE WITH GRIEF"

ISSUE 2

www.bfodurham.net

June 2022

Executive Director's Note of May, 2022.....

Dear Friends:

I hope this note finds you all safe and well as we head into the spring and summer seasons. With Covid 19 restrictions somewhat behind us we look forward to more drop-ins, groups, one on ones and especially getting together again.

Our calendars are full as we have added new drop-ins to our traditional drop ins. We have added Suicide Loss drop ins as well as Addiction Loss drop ins and Dad's only drop-in. These 3 new drop -ins will occur monthly. Please check our website for exact dates or feel free to call the office anytime at 905-579-4293. We recently completed a dad's group as well as a mom's group. We currently have another mom's group running as well as the children's group.

We are looking forward to more fundraisers where we can meet in person. It has been a long time coming but we have finally can announce we will be hosting a Fall Dance on October 15th. More details to follow in this newsletter. Please put your dancing shoes on and come out to support Bereaved Families of Ontario – Durham Region.

We are presently doing another Facilitator Training Session and we look forward to having these dedicated volunteers on board with us.

I would like to thank all of our wonderful volunteers who have gone above and beyond these past two years who continue supporting the families in need in our community.

Stay safe and keep well.

Jane Carter

JUNE 2022

Infant Loss ZOOM Drop-In Monday 6th, 7-9 p.m.

Suicide Loss Drop-In Monday 6th, 7-9 p.m.

Evening Drop-In Thursday 9th, 7-9 p.m

Addiction Loss Drop-In Monday 13th, 7-9 p.m.

Sibling Loss ZOOM Drop-In Tuesday 14th, 7-9p.m.

Dad's Drop-In Thursday 16th, 7-9 p.m.

Afternoon Drop-In Monday 20th, 1-3 p.m.

Evening Drop-In Thursday 23rd, 7-9 p.m.

Reconnect Drop-In Monday 27th, 7-9 p.m.

JULY 2022

CANADA DAY Friday 1st

Infant Loss ZOOM Drop-In Monday 4th, 7-9 p.m.

Evening Drop-In Wednesday 6th, 7-9 p.m

Suicide Loss Drop-In Thursday 7th, 7-9 p.m

Addiction Loss Drop-In Monday 11th, 7-9 p.m

Sibling Loss ZOOM Drop-In Tuesday, 12th. 7-9 p.m.

Dad's Drop-In Thursday 14th, 7-9 p.m.

Afternoon Drop-In Monday 18th, 1-3 p.m.

Evening Drop-In Thursday 21st, 7-9 p.m.

Reconnect Drop-In Monday 25th, 7-9 p.m.

Calendar continued on next page

"THE WILLINGNESS TO VOLUNTEER IS A SELFLESS ACT"

THE FOLLOWING VOLUNTEERS CONTINUE TO SUPPORT BFO DURHAM ON A DAILY BASIS

ONE-ON-ONE AND GROUP SUPPORT FACILITATORS

Jane Carter, Charlotte Brisco, Sharon Sears, Denise Love, Angela White, Denise Robinson, Yvette Byrne-Menard, Donna Dickson, Chris Garvey, Rebecca Alley-Wilson, Tammy Johnson, Gary Goswell, Caroline Goswell, Wayne Wanamaker, Sherry Lancaster, Sherry Mitchell, Penny-Claire Tilley, Joe Tilley, Andrea Onley, Jonathan Onley, Greg Wright, Brad Brown, Karen Beckett, Kelly Fitzpatrick, Rocco Granato, Kathie Hill, Kirsty Sinclair, Linda Haines, Debby Kelly, Wendy Topham, Linda Watson, Megan Muir, Ken New, Karin New, Karen Fish, Marjorie Whitehouse, Bev Campbell, Adele, Eric & Elizabeth Davidson, Tanya Fowler-MacLeod, Aimee Pepper, Vanessa Longhurst, Anna Quattrocchi, Cora Silininkas, Jenn Carter, Neil Anderson, Randy Boissoin, Brian Evans, Regan Kelly, Cathy Kelly, Mike Kelly, Cindy Serenits, Chantelle Gaudette, Lindsay Barakett, Kelly Edmonds, Irene Fife, Doug Hardy, Dianna Harrison, Beth Jenish, Lexi Marges, Deborah Nanton, and Andrew VanDorselaer.

LIBRARIAN - Denise Love

OFFICE VOLUNTEERS - Denise Love, Marlene Charewicz, Bev Campbell, Vanessa Longhurst, Karen Fish

ANNIVERSARY LETTERS - Office Volunteers

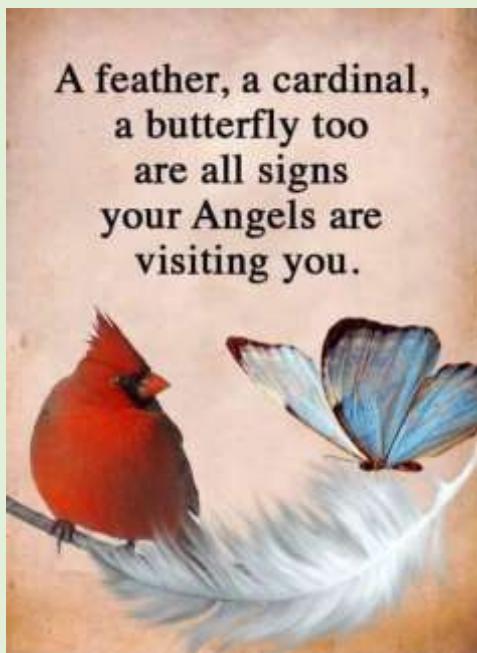
WEB SITE - Ronda Evans, Adele Davidson

NEWSLETTER - Adele Davidson

MOTHERS' RETREAT - Susan Hendricks and Joyce MacIntyre

BFO DURHAM BOARD OF DIRECTORS - Gary Goswell, Wayne Wanamaker, Sharon Sears, Chris Garvey, Kirsty Sinclair, Bev Campbell & Anna Quattrocchi

HONORARY BFO DURHAM BOARD DIRECTOR - Margaret Fortune



CALENDAR continued

AUGUST 2022

CIVIC HOLIDAY Monday 1st — **Office closed**

Suicide Loss Drop-In Thursday 4th, 7-9 p.m.

Infant Loss ZOOM Drop-In Monday 8th, 7-9 p.m.

Sibling Loss ZOOM Drop-In Tuesday, 9th, 7-9 p.m.

Evening Drop-In Thursday 11th, 7-9 p.m.

Afternoon Drop-In Monday 15th, 1-3 p.m.

Addiction Loss Drop-In Monday 15th, 7-9 p.m.

Dad's Drop-In Thursday 18th, 7-9 p.m.

Evening Drop-In Thursday 25th, 7-9 p.m.

Reconnect Drop-In Monday 29th, 7-9 p.m.

SEPTEMBER 2022

LABOUR DAY Monday 5th, **Office closed**

Evening Drop-In Thursday 8th, 7-9 p.m.

Infant Loss ZOOM Drop-In Monday 12th, 7-9 p.m.

Addiction Loss Drop-In Monday 12th, 7-9 p.m.

Sibling Loss ZOOM Drop-In Tuesday, 13th, 7-9 p.m.

Dad's Drop-In Thursday 15th, 7-9 p.m.

Afternoon Drop-In Monday 19th, 1-3 p.m.

Evening Drop-In Thursday 22nd, 7-9 p.m.

Reconnect Drop-In Monday 26th, 7-9 p.m.

"It took an instant
to lose you,
and it will take
my entire LIFE TIME
to grieve the loss of you.
GRIEF never ends because
LOVE never ends.
I will love you,
and ache for you
until my very last breath."

— Angela Miller —
A Bed For My Heart.com

2022 WALK TO REMEMBER

THANKS EVERYONE FOR YOUR PARTICIPATION IN THE ‘WALK TO REMEMBER 2022’

On Sunday March 6, 2022 BFO-Durham held their annual Walk to Remember. It was not quite the same as meeting with everyone and sharing stories at the Whitby Mall. We kept the same format as last year with our own private walks and submitting the videos.

We again included an on-line auction set up by Adele Davidson. Thank you Adele. In these hard times we certainly appreciate all of our sponsors who donated prizes for this auction. We would like to thank Karen Beckett, Anita Fellows, Stouffville Florist Inc (Kim Everson) Costco Ajax, Rekker’s Garden Centre (Tara and Randy Giesbrecht), Oshawa Funeral Home (55 Inch TV), Armstrong Funeral Home (earrings from Graziella), Black Rose Tattoo, Crooked Uncle, and Jungle Cat World. A big thank you also goes out to Mount Lawn Funeral Home, M-A-K Funeral Home, McEachnie Funeral Homes and Barnes Funeral home for their financial support.

Thank you to AGC Signs from Pickering for creating our two banners for this years’ Walk to Remember which are now hanging in our family rooms. One of the banners was donated by Stouffville Florist (Kim Everson) in memory of Benjamin Everson. The second banner was donated by Jane Carter in memory of her son-in-law Solomon Chau.

BFO-Durham raised money through the silent auction, private donations and many members who chose Facebook as a way to obtain sponsors during our ongoing pandemic. Our total for 2022 Walk to Remember exceeded \$20,000.

Our top 3 pledge earners were: Suzanne and Chris Garvey who raised \$4305.00 in memory of their son Blake. Bev Campbell raised \$3035.0 in memory of her son Michael. Jane Carter raised \$1845.00 in memory of her son in law Solomon, daughter Julie and son Paul. So many of our members went above and beyond with their fundraising efforts and we sincerely thank you all.

As part of the Walk to Remember 2022 we asked families who wished to, to submit video’s or pictures from their own walks. Anthony Moreino, from Quest Audio Visual took all our pictures and videos and created a wonderful video for us to view. Thank you Anthony for donating your time and expertise to put this wonderful video together!

Here’s hoping we will all be together March 2023 at the Whitby Mall.





Walk to Remember 2021 Online Silent Auction

In normal circumstances, each year; as part of the Walk to Remember Fundraising, we would have our silent auction table whereby various “prizes” would be on display, with a bidding sheet for each item, and throughout the time spent on the Walk, people would have the opportunity to “bid” on their chosen item.

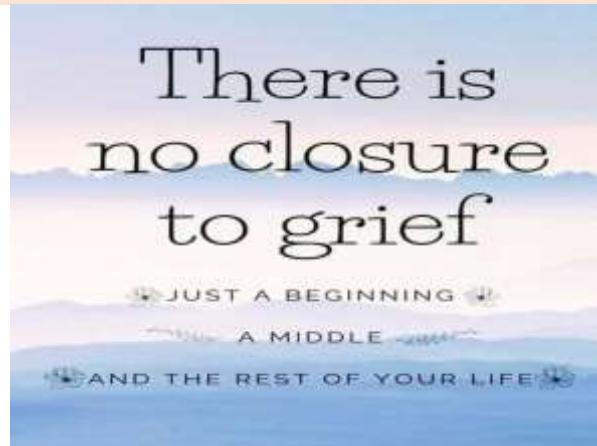
At the end of the Walk, all winning bidders would be notified and payment received for said item.

This year, again with the continued restraints of Covid-19, the Walk committee agreed that we still need help with the much needed fundraising, and so the silent auction would again be in the online format.

We had a total of 19 items plus a “Donate” button (for monetary donations in \$25 increments). Our auction opened to bids one week prior (February 27th) to the Walk day (Sunday March 6th) and closed at 6pm on the day of the Walk.

We are still learning what type of prizes specifically entice the interest of our members, as unfortunately, we had 7 items that did not get a bid. We very much appreciate the generosity of our sponsors and know that the remaining items will help us raise funds in future events.

We would like to thank all our sponsors, supporters, partners and participants for helping us to raise \$1445 for the Walk to Remember 2022 Silent Auction.



Thank you Sponsors, supporters and partners!!!

			
			
			
Yvan Leclerc			
		BECKETT FAMILY	

Walk to Remember 2022
Bereaved Families of Ontario – Durham Region



THANK YOU TO THE DURHAM REGION ASSOCIATION OF REALTORS

On behalf of Bereaved Families of Ontario – Durham Region we would like to thank the Durham Region Association of Realtors for selecting us as one of your charities of choice.

On February 4, 2022 Gary Goswell, the chairman of our Board of Directors and Jane Carter, our Executive Director were presented with a cheque in the amount of \$15,069.15 by the Durham Region Association of Realtors.

In honour of their generous donation, we will be placing a plaque on the wall when our renovations downstairs have been completed. We hope to start the renovations at the end of May. This large renovation will be used for the Children's group, fundraising, social events, care and share nights and we are considering renting it out to other organizations for some meetings.

We have attached a "before" picture of some of the rooms.

THANK YOU AGAIN DURHAM REGION ASSOCIATION OF REALTORS



A MESSAGE FROM YOUR EDITOR

Hi everyone,

Who would have thought we'd be in the hold of the Covid-19 quarantine and restrictions for more than 2 years. Whilst global information on issues with Covid-19 and its variants, leaves us living with continued uncertainty, it is with a renewed vigour that many of us try to get back to our "normal" lives.

BFO-Durham has and will continue to do the best we can to help and support our members via ZOOM, email and telephone, and at long last, by our in-person drop-ins, one-on-ones and closed groups.

There has been a heart wrenching increase in our membership over the past few months, and therefore an increased demand for the resources that BFO Durham offers at no charge.

With our combined virtual Walk to Remember and Online Auction once again raising a phenomenal amount of much needed funding, we as a team, are truly grateful and hope that you, the participants, realize just how much you have helped us to continue to offer support to our grieving community.

We would love to include articles, photos, verses or news from our members in our newsletters, and you can submit them any time to the office or directly to myself glasscup_19@hotmail.com

((Hugs))
Adele

BLANKET DRAW

Tickets are priced at \$5 each or 5 tickets for \$20

The draw will take place during the Fall dance on Oct 15 2022
(this is to enable plenty of time/opportunity to raise funds – the blanket cost over \$300 to make)

Tickets are available at the office (948 Simcoe St N, Oshawa) or

by email/e-transfer to Adele Davidson (glasscup_19@hotmail.com) –

my email has an underscore between glasscup & 19

please provide Name & Contact phone number so we can complete the draw ticket on your behalf.

All proceeds go to help fund BFO Durham Region



The blanket has been hand-knitted and kindly donated by Adele Davidson

It is **XL-KingSize** – measuring **118"(9ft 10") x 106"(8ft 10")** (5 panels x 4 panels)

In loving memory of their daughter Violet (Babe) Davidson,
the Davidson family are pleased to announce
that the Fundraising Bracelets for
BFO Durham Region
are available at the office.

There are 4 colours to choose from at a price of just \$3 each



BFO

Fall Dance

Saturday, October 15, 2022

7:30 to 12:00

Live Band

VOODOO Pawn Shop

Blues.... with an Edge

Tickets: \$25.00 p/p

Door Prizes, Silent Auction

Buffet

Harmony Creek Community Center

15 Harmony St. North

Oshawa



2022 Volunteer Appreciation Luncheon

On Sunday May 15, 2022, Bereaved Families of Ontario – Durham Region’s board of directors hosted another delicious luncheon at the Oshawa Shrine Club. Our volunteer luncheon recognizes the many dedicated members who give so much to our organization on a daily basis, whether by working in the office, facilitating drop-ins, one on ones, groups or working on fundraisers. It was so nice to finally be together without masks after a long two years.

This luncheon recognized all the volunteers from 2020 and 2021.

A big thank you to Charlotte Brisco who continues to do an amazing job capturing our volunteers at our special events at Bereaved Families of Ontario – Durham Region.

In 2021 we had a very dedicated recipient who received the Young Adult Volunteer of Distinction Award. This year the award went to Mateo Quattrocchi who volunteers in memory of his brother Anthony. Mateo is very active in the Children’s program as well as many fundraising events.

The Volunteers of the Year Award went to Karen Fish and Vanessa Longhurst. Both ladies helped BFO-D tremendously throughout the pandemic in so many ways.

We were honoured to present the Susan E. Hendricks Award of Distinction to Chris Garvey and Wayne Wanamaker for their countless hours of commitment to Bereaved Families of Ontario – Durham Region.



'Danielle's gift bags'



My name is Karen Beckett and I lost my beautiful daughter, Danielle, suddenly and tragically August 24, 2014, exactly one week before her 25th birthday. In that instant my life as I knew it would never be the same. My heart shattered into a million pieces and I became a bereaved mother.

As any mom who has lost a child can tell you, a bereaved mother walks one of the hardest, most heartbreakin roads anyone will ever have to walk. It is one full of unimaginable loss and such an indescribable grief. A bereaved mother may sometimes find it difficult to take care of herself, especially in the early days when her grief is so raw. She can experience incredible anxiety, sleeplessness, and a lack of energy. This I know all too well.

Six months after I lost Danielle, I attended a "mothers' group" offered at BFO and it truly was a turning point for me in my grief. I made lifelong friends that are still a big support to me now and I know they always will be. There is a sisterhood among bereaved mothers and in some small way I wanted to try and help my sisters in grief.

"Even as I rocked on my knees, howling I detected soft breathing behind the roaring. I leaned in, listened. It was the murmuring of ten million mothers, backward and forward in time and right now, who had lost children. They were lifting me, holding me. They had woven a net of their broken hearts, and they were keeping me safe there. I realized that one day I would take my rightful place as a link in this web, and I would hold my sister-mothers when their children died. For now my only task was to grieve and be cradled in their love."

-Excerpt from *CARAVAN OF NO DESPAIR*

In Danielle's memory, I will be donating gift bags full of various comfort and self-care items to moms who are attending a "mothers' group" for the very first time. The bags will feature the book *You Are The Mother Of All Mothers*, a beautiful gift book to uplift the hearts and souls of bereaved mothers, no matter the age or cause of death, no matter the story. This year I am happy to announce I will be collaborating with a fellow bereaved mama and owner of Spirit Wear Jewelry, a lovely shop on Etsy, who will make beautiful hand crafted bracelets. They will be designed with chakra beads to help bring balance and grounding as well as essential oil diffusing beads. I will also include some lavender oil for the relaxing benefits from this essential oil.

I have donated over a hundred bags to mamas over the last few years. I have received incredibly positive feedback from my family and friends. I had so many people generously give money towards the costs of the bags. Everyone wanted to help, not only because they love Danielle and they wanted to support me, but because they have seen what I go through on a daily basis and they also wanted to do something to help the moms who are grieving so profoundly. I am so grateful to be able to give these gifts to the moms who need them the most. As I put each bag together, I think of my beautiful daughter and I hoped she is smiling as she dances among the butterflies.

CONDOLENCES

BFO-DURHAM WOULD LIKE TO SEND THEIR DEEPEST CONDOLENCES TO:

Jim and Marlene Charewicz on the loss of their mother/mother-in-law Anna Charewicz
Gord and Anita Fellows on the loss of their mother/mother-in-law, Jane Fellows
Steve Birnie and Bonnie Lane Birnie on the loss of their son/stepson Zachary Birnie

DONATIONS IN LOVING MEMORY OF

JANE FELLOWS

From: Gord and Anita Fellows

LYDIA GRACE CONTE

From: Beth Conte's Facebook Birthday Fundraiser

DAVID WANAMAKER

From: Ron Wanamaker

ZACHARY BIRNIE

From: Jane Carter

VIOLET DAVIDSON

From: Adele Davidson

DENNIS ZOELMAN

From: Lisa at Link Greenhouses

MICHAEL UPSHAW

From: Charlotte Brisco's Facebook Birthday Fundraiser

SANTINA AND MARIA PISTRITTO

From: Connie Pistrutto

HUNTER GALLANT

From: Lissa and Steven Gallant

HUNTER GALLANT

From: Patricia Robinson

HUNTER GALLANT

From: Frannie Fry

SPECIAL RECOGNITION DONATIONS

WENDY STARR AND LINDSAY SMITH – BUYSELL LOVE DURHAM

STARBUCKS FOUNDATION

STOUFFVILLE FLORIST INC.

BFO Euchre Tournament Saturday April 23, 2022

With restrictions being lifted and facilities opening up, it was time to have another Euchre Tournament at our BFO office. We had 36 card players show up and all signs indicated that a good time was had by all. Our rules were such that the winning couple moved to the next table and each partner moved so you weren't playing with the same person twice. This made sure that everyone had a chance to meet someone new. As the observer and judge of fact it was interesting from my perspective how much fun everyone was having. People that had just met were sharing jokes and laughs. It was bittersweet when you think of the reason that brought us all together but heartwarming that this was being done to raise funds. With the assistance of Kirsty Sinclair selling 50/50 tickets the evening was great success. All of the price winners donated their prize winnings back to BFO. When it was all done we raised \$1,420.00 for BFO. This money will be used to continue the programs that support and guide bereaved parents.

The next Euchre Tournament has been set for **Saturday, June 4**. We have 4 spots left for that night.

Wayne Wanamaker

New Drop-Ins

Several members have asked for additional drop-ins in the form of suicide loss and addiction loss. The Board of Directors agreed that we should certainly try this out and so once a month we will have a suicide only loss drop in as well as an addiction only drop in.

In addition to that we will be starting a Dad's only drop-in monthly starting Thursday June 16th at 7.

Please refer to our calendars on our website or call the office for more information. 905-579-4293

FACILITATOR TRAINING 2022

On behalf of Bereaved Families of Ontario – Durham Region we would like to congratulate and welcome our new facilitators. These moms, dads and siblings have just completed a four-week program under the leadership of Gary Goswell, and Jane Carter. Please welcome Lindsay Barakett, Kelly Edmonds, Irene Fife, Doug Hardy, Dianna Harrison, Beth Jenish, Lexi Marges, Deborah Nanton, and Andrew VanDorselaer.

We look forward to having you work with our other dedicated facilitators.



Butterfly Memorial

Every butterfly is individually handcrafted by local artist Yvan Leclerc

Your Butterfly can be purchased for
\$100

Includes an engraved plaque with the first and last name and years

For every butterfly purchased \$60 will go to Bereaved Families of Ontario (Durham Region)
A charitable donation receipt will be provided.

The **memorial butterflies** sold by BFO Durham Region are now available to order in an **outdoor version**.

Each butterfly will come mounted on a metal spike along with a plaque with the name and dates of your loved one.

They can be purchased for the same price as those on our memorial wall in the BFO Durham Office \$100.

(A tax receipt for \$60 will be issued for each purchase)

To place your order please call Bereaved Families of Ontario at 905-579-4293



YOUR FEED-BACK IS VERY IMPORTANT!!

PLEASE CONSIDER CONTRIBUTING TO THIS NEWSLETTER, WHICH IS A VOICE FOR THE BEREAVED. WE ENDEAVOUR TO KEEP YOU AS UP TO DATE AS POSSIBLE WITH ALL ON-GOING INFORMATION AND WOULD LIKE YOUR HELP; SHARE YOUR THOUGHTS, IDEAS OR REQUESTS THROUGH THIS VENUE. RECOMMEND A BOOK AND WRITE WHAT YOU LIKE ABOUT IT. SHARE YOUR STORY, SUBMIT A POEM, OR TELL OF THINGS THAT HAVE HELPED YOU ALONG YOUR GRIEF JOURNEY.

WE THANK YOU IN ADVANCE FOR GETTING INVOLVED!

Adult (18+) Sibling Loss

Hello Everyone,

Just a friendly reminder that we have an Adult SIBLINGS drop-in style meeting via Zoom on the 2nd Tuesday of every month.

This is the one place where siblings can feel free to express their emotions knowing that everyone present can empathise with them, and maybe offer advice or ideas that can help.

If you know of a sibling (over 18 years old), please make sure to let them know of our monthly meeting and to contact Jane at the office to be included on the email list.



We talk about them, not because we're stuck or because we haven't moved on, but we talk about them because we are theirs, and they are ours, and no passage of time will ever change that.

SCRIBBLES & CRUMBS

BEREAVED FAMILIES OF ONTARIO — DURHAM REGION

948 Simcoe Street North, Oshawa L1G 4W2

Tel: 905-579-4293 / Fax: 905-579-7403 / Toll Free: 800-387-4870

E-mail: bfodurham@bellnet.ca / Web Site: www.bfodurham.net

Charitable Registration #861619880RR0001

OFFICE HOURS

MONDAY TO THURSDAY — 10 A.M. TO 4 P.M. , CLOSED FRIDAY

JUNE

Christopher Logan Woods	June 1, 2005	Noah Hardy	June 16, 2020
Taelyn Marie Peckford	June 2, 2010	Philip Prince	June 16, 2020
Susan Deborah Murray Ferguson	June 2, 2010	Jennifer Sinnott	June 17, 2017
Avery Skarlatakis	June 2, 2014	Melissa Jean Wilson	June 18, 1990
Laura Irene Macdonell	June 4, 1994	Amanda Bickle	June 19, 2018
Timothy Shane McDonald	June 4, 2006	David Gregory Schneider	June 20, 1998
Alyssa Massie	June 5, 2010	Kohwyn Babcock	June 20, 2010
Tessa Agelopoulos	June 6, 2007	Edward Erwin	June 21, 2003
Christina de Vries-Roach	June 6, 2004	Erin Child	June 21, 2020
Nicholas David William Hutchison	June 6, 1999	Lorna Ellen Buzzell	June 22, 1998
Chloe Mounsey	June 6, 2007	Paul David Carter	June 22, 1985
Daniel Melanson	June 7, 2009	Ian Booth	June 23, 2007
Angelo Mazzotta	June 8, 2010	Gillian Berthelot	June 23, 2010
Kathy Phelan	June 8, 1985	Shane Rawlins Mahabir	June 24, 2011
Arpik Patel	June 8, 2012	Derrick Brooks	June 25 2010
Matthew Snell	June 8, 2018	Melissa Logeman	June 25, 2012
Steven Dafoe	June 9, 2004	Connor Battah	June 26, 2008
Glen Michael Bruce Monro	June 9, 2002	Dustin Longhurst	June 26, 2017
Maureen Wright	June 9, 2002	Christina Grace Glover	June 27, 1999
Todd McCann	June 9, 2013	Heather Goverde	June 27, 2004
Paul O'Brien	June 9, 2017	Olivia Kowalchuk	June 27, 1993
Margaret Nemeth	June 10, 2003	Michael Thomas Turner	June 27, 2014
Kimberly Ann Whitsitt	June 10, 1994	Bob Robbins	June 28, 2014
Scott Humphrey	June 10, 2020	Tyler Lisinski	June 28, 2015
Elysia Kolynko	June 10, 2021	Westley Pflug	June 28, 2015
Kelly Eileen Goswell	June 11, 1992	Tyler Fyall	June 29, 2021
Brooklyn Ilean Fogg-Conlin	June 12, 2009	Frank Benczenleitner	June 30, 1989
Ronald McGivney	June 12, 2015	Tanya Veinot	June 30, 2006
Gunner Aaron Terry Mayhew	June 13, 2004	Matt Stairs	June 30, 2018
Aubree Glode	June 13, 2014		
Christopher Dennis Penny	June 14, 1995		
Corey Grentz	June 14, 2010		
Anthony Medeiros	June 14, 2015		
Tyler Massey	June 14, 2015		
Michelle Marie Meagher	June 15, 2009		
Anthony Quattrocchi	June 15, 2018		
Talbot Higgins-Kelly	June 15, 2021		



JULY

Brian Haring	July 1, 1994	Peter Hansen	July 18, 2001
Leith Hawker	July 1, 1998	Keena John Dobbie	July 18, 2011
Johanna Mary Faith Nesbitt	July 1, 1993	Alyssa Dryden	July 18, 2011
Ryan Munshaw	July 1, 2013	Kayne Ritchie	July 18, 2016
Christopher Richard	July 1, 2015	Blake Forrest	July 18, 2018
Shon Hart	July 2, 2006	Christine Kellar	July 18, 2021
Kathleen Wels	July 2, 1979	Michael Watson	July 19, 2008
Michael Campbell	July 3, 2009	Tammy Dimech	July 19, 2014
Laurie (Foreman) Wilkinson	July 4, 1998	Christopher Hill	July 20, 2016
Paisley Eva Cane	July 5, 2012	Patrick McKay	July 20, 2016
Roberto Small	July 5, 2017	Jennifer Asselin	July 20, 2017
Melissa Coady	July 6, 2013	Jeffrey Bowman	July 20, 2020
Colton Lowes	July 6, 2020	Samantha Shirley Baird	July 21, 1999
Juliette Francis	July 7, 2010	Trevaughn Miller	July 21, 2012
Jaedin Davis	July 8, 2003	Michael Fellows	July 21, 2013
Nicole Mummery	July 8, 2008	Isabella Sabiston	July 21, 2016
Joshua Rideout	July 8, 2017	Matthew Westcott	July 21, 2015
Sebastian Seidel Forsyth	July 9, 2015	Richard DeSousa	July 21, 2016
Ember Taylor	July 9, 2020	Sarah Burnham	July 22, 2003
Meaghan Addante	July 10, 2021	Samantha Brittney Babcock	July 23, 1993
Edwin Zwaigenbaum	July 11, 1963	Bryan Matthew Gainer	July 23, 2000
Jesse Comeau	July 11, 2009	James Johnson	July 24, 2001
Emily Lavina Wilkes	July 11, 2016	Ashleigh Mariani	July 24, 2013
Joey Ihasz	July 11, 2017	Daryl Davison	July 24, 2016
Jonah McIntosh	July 11, 2017	Timothy Lockard	July 25, 2014
James Masson	July 11, 2019	Shelby Thomas	July 25, 2015
Joey Alton	July 12, 2008	Mark Van Den Oetelaar	July 27, 1963
Michael Potter	July 12, 2010	Beverly Warner	July 27, 2002
Craig Beers	July 13, 2003	Peter Ide	July 27, 2013
Christopher Swindell	July 13, 2000	Andrew Mason	July 28, 2002
Danny Tkalec	July 13, 2000	Andrew Gary McSweeney	July 28, 1994
Dyana Dearling	July 13, 2020	Sara Young	July 28, 1994
Lauren Nolan	July 14, 2009	Derek Fish	July 28, 2017
Amanda Richardson	July 14, 2007	Tamica Henderson	July 29, 2012
Austin Beninato	July 14, 2017	Ryan Addison	July 30, 2005
Mattieu Moriarity	July 15, 2003	Shannon York	July 30, 2004
Derek Garner	July 15, 2007	Ron Cunningham	July 30, 2020
David Clark	July 15, 2016	Eufemia Risorto	July 30, 2021
Brandon Niblett	July 16, 2002	Kyle Babcock	July 30, 2021
Sarah Davidson	July 17, 2014	Surinder Mehar	July 31, 1999
Lesley Blackmore	July 18, 2009	Patricia (Trish) Peter	July 31, 2004
Carter James Duncan	July 18, 2004	Curtis Courneyea	July 31 2013



AUGUST

Rick Swale	August 1, 2000	Cortney-Lynne Twiddy	August 20, 1994
Karyn Chase	August 2, 2010	Tracy Scott	August 20, 2010
Dallas Raé Fountain	August 3, 2010	Chris Karam	August 20, 2011
Todd Gardiner	August 3, 2017	Xavier Edward Barkley-MacMullen	August 20, 2013
Willard Amurao	August 4, 2014	Ryan J. Haber	August 21, 1999
Jennifer Copithorn	August 4, 1998	Colin Humphrey	August 21, 2000
Eric Couturier	August 4, 2002	Shawn Presley	August 21, 2000
Brent Foster	August 4, 2007	Murray Schoenau	August 21, 1990
Katrina Stanojevich	August 4, 2016	Jordyn Chan	August 21, 2021
Sydney Young	August 5, 2003	Greg Miles	August 22, 2008
Tylor Faubert	August 5, 2020	Jamil Mohamed	August 22, 2009
Robert Blain	August 6, 2008	Shawn Paul David Spooner	August 22, 2016
Daniel Caldwell	August 8, 2010	Kim Benoit	August 22, 2017
Matthew Mitchell	August 8, 2014	Tucker Taylor	August 22, 2008
Kyle Blake	August 8, 2018	Andrew Chaplin	August 23, 2008
Gary Smith	August 9, 2002	Emily Stow	August 23, 1999
Jessica Dale Whitney	August 9, 1998	Derek Van Pelt	August 23, 2012
Mary Moshis	August 9, 2013	Colton Tunney-Phillips	August 23, 2013
Simon Minc	August 9, 2015	Kira Locke	August 23, 2015
Jeffery Shoesmith	August 9, 2018	Andrew Harrison	August 23, 2018
Andrew (Drew) Johnson	August 9, 2020	Lydia Grace Conte	August 23, 2019
Lily Maria Kathleen Payne	August 10, 2007	Geoffrey Dykstra	August 24, 2008
Katrina Stanojevich	August 10, 2016	Jeremy Finn	August 24, 2002
Cassandra Turner	August 10, 2016	Frank Aubrey Lessard	August 24, 1997
Dennis John Zoelman	August 11, 1993	Liberty Davenport	August 24, 2008
Kevin Klis	August 11, 2011	Danielle Thompson	August 24, 2014
Justin Parker	August 11, 2017	Michael "Shane" Girard	August 25, 1993
Michael Lowens-Varey	August 11, 2017	Paul Strasbourg	August 25, 2009
Lia Barakett	August 11, 2018	Arnel Cuyugan	August 25, 2021
Jason Anderson	August 12, 2017	Leah Adelina Paiva	August 26, 2012
Shayaan Aziz	August 13, 2010	Suzana Brito	August 26, 2019
Gregg Hayden	August 13, 2005	Milo Palmer	August 27, 2016
Sean Edmunds	August 13, 2020	Jackie Woolridge	August 27, 1999
Frank Aubrey Lessard	August 14, 1997	Reid James Tanner	August 27, 2010
Christine Crossman	August 14, 2004	Kevin Duhaney	August 27, 2012
Ashton Payetta	August 14, 2010	Sean Robert Aylward	August 28, 2002
Jonathan Stewart	August 14, 2004	Luke Christopher Bachman	August 28, 1998
Jason Kaaz	August 14, 2010	Craig W.D. Green	August 28, 1995
Travis Pepper	August 15, 2015	Allesio Caccavella	August 28, 2011
Ruth Ann Thompson	August 15, 2020	Mathew Fife	August 28, 2017
Tiah Ephraim	August 16, 2008	Kyle Jackson	August 28, 2018
Kale Garry Nichols	August 16, 2001	Steven Mayhew	August 29, 2000
Dalton Hebert	August 16, 2018	Alan Brown	August 29, 2012
Jalen Sharpe	August 16, 2020	Constant Germano	August 30, 1993
Trisha Banton	August 19, 2009	Cory Fleetwood	August 30, 2012
Obray Dixon	August 19, 2016	Jake Pedersen	August 30, 2020
Mark Vandermeer	August 19, 2008	Paul Anthony Jones	August 31, 1995
Matthew Craigen	August 19, 2018	Alex Novia	August 31, 2008
Trevor Stephenson	August 20, 2000	Adin Gould	August 31, 2012
Annette E. Stewart	August 20, 1989	Taylor Kuipers	August 31, 2018

The hardest part of losing a child is living every day afterwards

SEPTEMBER

Kelli Mitchell	September 1, 1996	Sean McAvoy	September 16, 2005
Jesse Lennox	September 1, 2014	James Jackson	September 16, 2016
Donna Wry	September 1, 2021	Cole Davidson	September 16, 2021
Adrienne Ferguson-Keller	September 2, 1992	Kelly G. Lomax	September 17, 1992
Amanda Ruby Mayock	September 2, 2005	Jake Vanzeyl	September 18, 1998
Jamie Lee Wiznuk	September 2, 2009	Ryan William Sutherland	September 18, 2009
Ronald Pogue	September 2, 2012	Kelly Green	September 18, 2020
Randi Walker	September 2, 2018	Michael Crover	September 19, 1998
Jayla DeSouza	September 3, 2009	Kelly Darby	September 19, 1999
Alliyah Beckles	September 3, 2010	Terah Elaine Dawkins	September 19, 2010
Michael Christopher Noseworthy	September 4, 2003	David James Muir	September 19, 2015
Cooper Martyn Streeter	September 4, 2019	Paul Turansky	September 19, 2005
Steven Cuddy	September 5, 2016	Andreas Bollmann	September 19, 2011
Mark Forgette	September 5, 2006	Alicia Mariah Kaas	September 19, 2019
Charlotte Mazzotta	September 6, 2012	Jake Gericke	September 20, 2011
Omar Ryan Sadler	September 7, 1996	Darren O'Neil	September 20, 2011
David Logan	September 7, 2010	Curtis Bjerring	September 21, 2013
Kyleigh Noland	September 8, 2012	Tyler Hanson	September 21, 2015
Sarah Onley	September 8, 2015	Julie Carter	September 22, 2000
Stephanie Connor	September 8, 2021	Brian English	September 22, 2002
Ashley DeJong	September 9, 2002	Charlotte Barter	September 22, 2021
Natasha Foote	September 9, 2008	Jacquelyn Mason	September 23, 2011
Hope Skarlatakis	September 9, 2010	Kerri-Lyn Adams	September 24, 2011
Leo Atkinson	September 10, 2003	Chris Taylor	September 24, 2018
Todd Skinner	September 10, 2013	Cynthia Vincent	September 24, 2018
Kyle Daniels	September 10, 2015	Donovan Betty	September 24, 2019
Darrion Moffatt	September 10, 2018	Caleb Wynn	September 24, 2020
Cody James	September 10, 2018	David Wanamaker	September 25, 2012
Brody James Prebble-Cooper	September 11, 2006	Mike Maher	September 26, 2009
Evan Sinclair	September 12, 2020	Rylee David O'Brien	September 27, 2011
Laura Catherine Pellegrino	September 13, 1990	Levi Allen	September 28, 2009
Karen Lato	September 13, 1992	Lauren Allen	September 28, 2009
Sabina Silininkas-Rowse	September 13, 2017	Ashley Hamilton	September 28, 2012
Bryan Douglas Gordon	September 14, 2007	Cassandra Kumarsingh	September 29, 2006
Sara Snow	September 15, 2014	Noah John Anderson	September 29, 2008
Timothy Lee	September 15, 2018	Andrea Nott	September 30, 2002

Sometimes we don't need advice.
All we need is someone to listen to us
for a while and not judge what we
say or how we feel.

Steve Wentworth